

menu

THET**ABLE**
RESTAURANT & BAR

beginnings

R60 Risotto Balls with Pomodoro Pesto *

R55 Sticky Aubergine with a touch of spice **

R58 Chargrilled Artichokes & Sundried Tomatoes **

R56 Chilli Poppers *

R60 Deep Fried Squid & Sweet Chilli Sauce

R140 Snack Platter with Squid, Haloumi, Pickled Onions, Onion Marmalade
& Sweet Potato Chips

pizza bread

R42 Rosemary **

R49 Caramelised Onion **

R49 Rosemary, Feta & Garlic *

* Vegetarian, ** Vegan

salads

- R60 Garden Greens **
- R64 Spicy Thai **
- R60 Carrot & Beetroot **
- R62 Courgette, Pineapple & Red Pepper Salad **
- R64 Baby Chard & Parmesan *
- R66 Tomato, Buffalo Style Mozzarella & Basil *
- R70 Blue Cheese & Fig *
- R79 Chicken, Feta & Avo
- R120 Seafood Salad in Pizza Basket

* Vegetarian, ** Vegan

pasta

- R89 Spinach & Ricotta Ravioli *
- R89 Roasted Pumpkin & Pecan Nut Ravioli *
- R94 Artichoke & Caper Roll-Ups *, ***
- R105 Prawn & Squid ***
- R96 Meat Ball Tag ***

** Vegetarian, ** Vegan, *** Gluten free option available, please add R25*

pizzas

- R86 Sundried Tomatoes, Spinach & Feta *
- R96 Tomatoes, Buffalo Style Mozzarella & Basil *
- R96 Roasted Beetroot, Butternut, Pumpkin Seeds & Macadamia Nuts *
- R96 Basil Pesto, Sundried Tomatoes & Goats Cheese *
- R102 Aubergines, Red Peppers, Capers, Basil, Chilli & Garlic *
- R91 Sautéed Mushrooms, Pesto & Parsley (Vegan) **
- R102 Anchovies, Tomatoes, Capers & Olives
- R102 Free Range Chicken, Peppadews, Feta & Avo
- R96 Bacon, Creamed Leeks & Feta
- R118 Brie, Paw Paw, Prosciutto & Rocket
- R118 Prosciutto, Fig & Rocket
- R94 Red Peppers, Country Ham & Avo
- R104 Chourico, Jalapenos, Red Peppers & Goats Cheese
- R115 Prawns, Chourico, Rocket & Avo
- R110 Spicy Prawn
- R125 Tuna, sashimi style, pickled ginger & wasabi
- R119 Sautéed Seafood

*Banting Base option available for an additional R65
Gluten free options available on all pizzas for an additional R35*

others

R95 Lentil Moussaka *

R89 Thai Green Vegetable Curry **

R105 Grilled Calamari Tubes & Chips

R129 Seared Tuna, Sushi Style with spiralised courgette salad

R125 Seafood Broth

R170 Grilled Tiger Prawns in Pizza Basket

R110 Prego Roll with Beef Fillet

R140 Dukha Crusted Ostrich Fillet with Choc & Chilli Sauce
Served with either Chips, Sweet Potato Chips or Side Salad

R122 Rump, Chips & Mushroom Sauce

R165 Beef Fillet, Green Beans, Baby Potatoes & Balsamic Vinegar Reduction

R180 Lamb Shank

** Vegetarian, ** Vegan*

endings

- R32 Marco's Chocolate Ice Cream
- R44 Cappuccino Crème Brulee
- R45 Sorbet Sundae
- R48 Chocolate Banana Spring Rolls
- R55 Marshmello & Chocolate Pizzetta
- R55 Belgian Chocolate Dipped Fruit
- R45 Choc Pot with Coconut Cream (Vegan) **

kids

- R44 Margherita Pizza
- R48 Pineapple & Red Pepper Pizza
- R52 Ham & Mushroom Pizza
- R52 Chicken & Mushroom Pizza
- R45 Creamy Cherry Tomato & Mushroom Tag
- R50 Tag Bolognese
- R35 Ice Cream & Choc Sauce
- R54 Italian Kisses
- R30 Fruit Ice Lollies

We created these specialties especially for you. To really enjoy the essence of The Table please stick to the menu. We love your kids but are not responsible for them.
No 9 Main Street, Plettenberg Bay, 044 533 3024